

Linda E. Benavides, Ph.D., MSW
Assistant Professor
Center for Social Work Education
School of Human Service Professions
Widener University
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EDUCATION BACKGROUND

December 2009	Doctorate of Philosophy in Social Work University of Texas at Arlington Arlington, Texas
May 1999	Masters of Science in Social Work University of Texas at Austin Austin, Texas
May 1997	Bachelor of Arts Sul Ross State University Alpine, TX Major: Psychology Minor: History

PROFESSIONAL EMPLOYMENT HISTORY

August 2014-Present	Assistant Professor Widener University School of Human Service Professions Center for Social Work Education
January 2010-May 2014	Assistant Professor University of Texas at San Antonio College of Public Policy Department of Social Work
August 2009-December 2009	Lecturer University of Texas at San Antonio College of Public Policy Department of Social Work
August 2006-May 2007	Graduate Teaching Assistant University of Texas at Arlington School of Social Work

August 2003-May 2004	Graduate Research Assistant University of Texas at Arlington School of Social Work
August 2003-November 2007	Case Manager The Family Place Dallas, Texas
May 2000-July 2003	Contract Medical Social Worker DJ Health Care Services El Paso, Texas
August 1999-July 2003	Medical Social Worker R.E. Thomason General Hospital El Paso, Texas

RESEARCH INTERESTS

Spirituality, spiritual development in children and adolescents, resiliency, protective factors, Latino community, indigenous spiritual healing practices, and qualitative methodology.

PEER-REVIEWED PUBLICATIONS

Benavides, L.E. (in press, 2019). "Spirituality heals: The Maya-grief & loss" In B. Counselman-Carpenter, and A. Redcay (Eds.), *Working with grief and traumatic loss: Theory, practice, personal self-care and reflection for clinicians*. San Diego, CA: Cognella.

Benavides, L.E. (2017). Spirituality as a protective factor for children and adolescents. In B. Crisp (Ed.) *Routledge Handbook of Religion, Spirituality, and Social Work* (202-209). New York, NY: Routledge.

Benavides, L.E. (2015). Protective factors in children and adolescents exposed to intimate partner violence: An empirical research review. *Child & Adolescent Social Work Journal*, 32(2), 93-107. DOI 10.1007/s10560-014-0339-3

Benavides, L.E. (2014). Spiritual journey from childhood to adolescence: Pathways to strength and healing. *Journal of Religion & Spirituality in Social Work: Social Thought*, 33(3-4), 201-217. DOI: 10.1080/15426432.2014.930628

Benavides, L.E. (2012). A phenomenological study of spirituality as a protective factor for adolescents exposed to domestic violence. *Journal of Social Service Research*, 38(2), 165-174. DOI:10.1080/01488376.2011.615274

GRANTS

Benavides, L.E. (January 2019). *Spiritual Healing Practices of the Maya*. Provost Grant, Office of the Provost, Widener University (Academic Year: 2019-2020). Status: Funded

Benavides, L.E. (December 2018). *Indigenous Spiritual Healing Practices of the Maya*. Faculty Development Grant, Office of the Provost, Widener University (Academic Year: 2019-2020). Status: Funded

Benavides, L.E. (January 2018). *Maya Religious and Spiritual Practices*. Provost Grant, Office of the Provost, Widener University (Academic Year: 2018-2019). Status: Funded

Benavides, L.E. (December 2017). *Maya Religious and Spiritual Healing Practices*. Faculty Development Grant, Office of the Provost, Widener University (Academic Year: 2018-2019). Status: Funded

NATIONAL/INTERNATIONAL SCHOLARLY JURIED PRESENTATIONS

Benavides, L.E. (2019, February). *A Journey of Self-Awareness: An Autoethnography of a Latina*. Presented at the Ethnographic and Qualitative Research Conference in Las Vegas, Nevada.

Benavides, L.E. (2018, September). *Indigenous Spiritual Healing Practices of Latinos*. Presented at the National Association of Social Workers-PA 2018 Conference.

Benavides, L.E. (2018, February) *Spirituality: A Protective Factor for Adolescents Exposed to Domestic Violence*. Presented at the Ethnographic and Qualitative Research Conference in Las Vegas, Nevada.

Chanmugam, A., **Benavides, L.E.**, Luciano, J., & Melecio, C. (2015, January). *Latina immigrant mothers' perceptions of mental health needs and services for children exposed to domestic violence*. Presented at the 19th Annual Society for Social Work & Research (SSWR) Conference (The Social & Behavioral Importance of Increased Longevity). New Orleans, LA.

Chanmugam, A. & **Benavides, L.E.** (2014, January). *Barriers to accessing mental health services for children exposed to domestic violence*. Presented at the 18th Annual Society for Social Work & Research (SSWR) Conference (Research for Social Change: Addressing Local & Global Challenges). San Antonio, Texas.

Benavides, L.E. & Chanmugam, A. (2013, November). *Protective Factors among Youth Exposed to Adult Domestic Violence: Implications for Teen Dating Violence Prevention*. Presented at National Council on Family Relations (NCFR) Annual Conference (Well-Being of Children & Youth in Families & Communities). San Antonio, Texas.

Benavides, L.E. (2013, June). *Integrating Spirituality in Social Work: How Far Have We Come? Where Do We Go From Here?* Presented at the 8th North American Conference on Spirituality and Social Work (The Role of Spirituality in Professional Intervention). Puerto Rico, U.S.A.

Galan-Bruce, T. & **Benavides, L.E.** (2013, June). *The Efficacy of Mindfulness Based Therapies with Dually Diagnosed Latinas.* Presented at the 8th North American Conference on Spirituality and Social Work (The Role of Spirituality in Professional Intervention). Puerto Rico, U.S.A.

Benavides, L.E. (2012, June). *The spiritual journey to adolescence: Pathways to strength and healing.* Presented at the 7th North American Conference on Spirituality and Social Work (The Evolution of Spirituality Across the Lifespan: Embracing Spiritual Diversity from Northern Communities to Global Localities). Ontario, Canada

Benavides, L.E. (2012, November). *Teaching Spiritual Development from Childhood to Adolescence.* Presented at the 58th Council on Social Work Education Annual Program Meeting (Social Work: A Capital Venture). Washington, D.C.

Ambrosino, R., **Benavides, L.E.**, & Ambrosino, R. (2012, November). *Facilitating Student Engagement in Macro Community Practice through Transformative Learning.* Presented at the 58th Council on Social Work Education Annual Program Meeting (Social Work: A Capital Venture). Washington, D.C.

Menon, G., Rubin, M., & **Benavides, L.E.** (2012, November). *Preparing Social Work Students to Work in a Globalized, Culturally Competent Environment.* Presented at the 58th Council on Social Work Education Annual Program Meeting (Social Work: A Capital Venture). Washington, D.C.

Benavides, L.E. (2011, June). *Spirituality as a protective factor for adolescents exposed to domestic violence.* Presented at the 6th North American Conference on Spirituality and Social Work (Connecting Spirituality & Social Justice: Transforming Self & Society). Washington, D.C.

Benavides, L.E. & Mikow, J. (2011, February). *Ethical issues and intimate partner violence.* Presented at The 9th Annual Texas Healthy Start Alliance Education Conference (Healthy Families/Healthier Tomorrows: Taking a Closer Look at Intimate Partner Violence). San Antonio, Texas

Benavides, L.E. & Martinez, Virginia. (2003, October). *Medical social work along the U.S./Mexico border: Maintaining a biopsychosocial perspective.* National Association of Social Workers, State Chapter Conference, Arlington, Texas

REGIONAL PRESENTATIONS AND WORKSHOPS

Benavides, L.E. (Anticipated Fall 2019). *"Spirituality in the Latino Community."* CEU for Center for Social Work Education.

Shug, M., Goodrich, K. Davis, M., Beckett, S, & **Benavides, L.E.** (2019). *Diverse and Inclusive Hiring Practices*. Presented at Bridge Week, Widener University.

Benavides, L.E. (2015, May). *Spirituality & Social Work*. Presented at Center for Social Work Education, Field Instructors' Breakfast & CEU event. Widener University.

Benavides, L.E. (2014, November). *Rites of Passage: Spirituality in the Mexican-American Community*. Presented at Center for Social Work Education, Diversity Day event. Widener University

Benavides, L.E. (2014, October). *Spirituality in the Latino Community*. Presented at the Adelante Hispanic Heritage Month CEU event. Widener University.

Goodwin, K., **Benavides, L.E.**, Chanmugam, A. (2014, May). *Compassion Fatigue*. Presented at the 1st Annual UTSA Social Work Alumni Group Conference. San Antonio, Texas

Chanmugam, A. & **Benavides, L.E.**, Nevarez, L. (2014, January). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Spring 2014 New Student Orientation. San Antonio, Texas

Benavides, L.E. & Chanmugam, A. (2013, August). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Fall 2013 New Student Orientation. San Antonio, Texas

Benavides, L.E. (2013, March). *Family Violence*. Presented at the 4th Annual Community Health Worker Regional Summit. San Antonio, Texas.

Chanmugam, A. & **Benavides, L.E.** (2013, January). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Spring 2013 New Student Orientation. San Antonio, Texas

Benavides, L.E. & Chanmugam, A. (2012, August). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Summer 2012 New Student Orientation. San Antonio, Texas.

Chanmugam, A., & **Benavides, L.E.** (2012, June). *Nurturing the Professional Helper: We're Important Too!* Presented at the Bexar County Case Management Coalition Meeting. San Antonio, Texas

Benavides, L.E. (2012, March). *Communication and Assertiveness training*. Presented for the Hispanic Women's Network of Texas, Latinas in Progress. San Antonio, Texas

Benavides, L. E. (2012, January). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Spring 2012 New Student Orientation. San Antonio, Texas.

Chanmugam, A. & **Benavides, L.E.** (2011, August). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Summer 2011 New Student Orientation. San Antonio, Texas.

Benavides, L. E. & Chanmugam, A. (2011, May). *Self-Care*. Presented at University of Texas at San Antonio, Department of Social Work Field Instructor Training. San Antonio, Texas.

Benavides, L.E., Ambrosino, R., Garcia, C. (2011, March). *Assertiveness training*. Presented for the Hispanic Women's Network of Texas, Latinas in Progress. San Antonio, Texas.

Benavides, L. E., & Chanmugam, A. (2011, January). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Spring 2011 New Student Orientation, San Antonio, Texas.

Chanmugam, A. & **Benavides, L. E.** (2010, August). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Fall 2010 New Student Orientation, San Antonio, Texas.

Benavides, L. E., & Chanmugam, A. (2010, January). *Self-care: An Important Social Work Concept*. Presented at the University of Texas at San Antonio Department of Social Work Spring 2010 New Student Orientation, San Antonio, Texas.

Benavides, L.E. (2009, October). *The impact of domestic violence on children and adolescents risks and resiliency*. Presented at the University of Texas at San Antonio Women's Studies Institute and UTSA Women's Resource Center, San Antonio, Texas.

Benavides, L.E. (2005, October). *Survival strategies: Defining moments and how we can help*. Professional Panel. Dallas Police Department Family Violence Squad, Dallas, Texas

Benavides, L.E. (2002, October). *Teenage pregnancy in the Latino community*. Presentation for Social Workers, Case Managers, and Physician/Nursing Staff at R.E. Thomason General Hospital, El Paso, Texas.

Benavides, L.E. (2002, June). *Life in the Mother/Baby unit: Social Work Assessment and Intervention of High Risk Ob-Gyn Cases*. Presentation for Social Workers, Case Managers, and Physician/Nursing Staff at R.E. Thomason General Hospital, El Paso, Texas.

Benavides, L.E. (2002, April). *Social Work Assessment and Intervention of High Risk Pediatric Patients*. Presentation for Social Workers, Case Managers, and Physician/Nursing Staff at R.E. Thomason General Hospital, El Paso, Texas.

Benavides, L.E. (2002, April). *Infants of Drug Dependant Mothers in the Specialty Care Nurseries: Social work Assessment and Intervention*. Presentation for Social Workers, Case Managers, and Physician/Nursing Staff at R.E. Thomason General Hospital, El Paso, Texas.

Benavides, L.E. (2002, March). *Life in the Mother/Baby Unit: Community Resources and Legal Aspects*. Presentation for Social Workers, Case Managers, and Physician/Nursing Staff at R.E. Thomason General Hospital, El Paso, Texas.

Benavides, L.E. (2001, October). *Death and Grieving in the Intensive Care Nursery*. Presentation for Social Workers, Case Managers, and Physician/Nursing Staff at R.E. Thomason General Hospital, El Paso, Texas.

Benavides, L.E. (2001, August). *Assessment and Intervention of Abuse, Neglect, and/or Exploitation of Children*. Presentation to Texas Tech Pediatric Residents and Professors, Texas Tech University, El Paso, Texas.

TEACHING ACTIVITIES

Summer 2019	SW 503-Interpersonal Processes-Online Program
Spring 2019	SW 335-Grief & Loss SW 674-Spirituality and Social Work SW 503-Interpersonal Processes-Online Program SW 501-Human Behavior & Social Environment-Online Program
Fall 2018	SW 503-Interpersonal Processes SW 503-Interpersonal Processes-Online Program SW 674-Spirituality and Social Work-Online Program
Summer 2018	SW 503-Interpersonal Processes-Online Program
Spring 2018	SW 335 Grief & Loss SW 674 Spirituality and Social Work SW 505-Social Work Practice I-Online Program SW 506-Social Work Practice II-Online Program
Fall 2017	SW 503-Interpersonal Processes-Online Program SW 505-Social Work Practice I-Online Program SW 506-Social Work Practice II-Online Program
Summer 2017	SW 501-Human Behavior in the Social Environment
Spring 2017	SW 503-Interpersonal Processes-Online Program SW 505-Social Work Practice I-Online Program SW 506-Social Work Practice II-Online Program SW 501 Human Behavior in the Social Environment

Online Program

Fall 2016	SW 501 Human Behavior in the Social Environment SW 503-Interpersonal Processes-Online Program SW 505-Social Work Practice I-Online Program SW 506-Social Work Practice II-Online Program
Summer 2016	SW 501 Human Behavior in the Social Environment Online Program
Spring 2016	SW 670-Grief and Loss Across the Life Cycle SW 503-Interpersonal Processes-Online Program SW 688-International Social Work-China (May 2016)
Fall 2015	SW 501 Human Behavior in the Social Environment SW 505-Social Work Practice I-Online Program SW 506-Social Work Practice II-Online Program SW 107-Introduction to Social Work & Social Welfare Widener University
Summer I 2015	SW 503-Interpersonal Process-Online Program Widener University
Spring 2015	SW 503-Interpersonal Process-Online Program SW 506-Social Work Practice II SW 551-Foundation Field Instruction II SW 501-Human Behavior and the Social Environment-Online Program Widener University
Fall 2014	SW 503-Interpersonal Process-Online Program SW 505-Social Work Practice I SW 550 -Foundation Field Instruction I SW 107-Introduction to Social Work & Social Welfare Widener University

SERVICE ACTIVITIES

Service to the Department, College, & University

2018-Present	Student Learning Assessment Committee Member (University)
2018-Present	Honors Advisory Committee Member (University)
2017-Present	SHSP Academic Council (School)
2017-Present	SHSP Promotion and Tenure Committee (School)
2016-Present	Transforming Hate Committee (Center)
2016-Present	MSW Curriculum Committee (Center)
2016-Present	Faculty Lead: SW 501-Human Behavior in the Social Environment (Center)
2015-Present	BSW Club Faculty Advisor (Center)
2015-Present	BSW Academic Advisor (Center)
2015-Present	CORE Member
2015-Present	Ph.D. Comprehensive Paper Reader (Center)
2015-2016	Coordinator-School of Human Service Professions Graduate Trip to China (Trip took place May 2016) (School)
2015-2016	Student Interprofessional Day Committee (School)
2015-2016	New Student Orientation Committee (Center)
2014-Present	BSW Admissions Committee (Center)
2014-Present	BSW Program Committee (Center)
2014-Present	Adelante Faculty Advisor (Center)
2014-Present	Diversity Committee (Center)
2014-Present	Diversity Committee (School)
2014-Present	Secretary-Faculty Business Meetings (Center)
2014-Present	Faculty Field Liaison (Center)

Service to the Profession

2016-Present	Manuscript Reviewer Social Work in Mental Health
2013-Present	Manuscript Reviewer Violence and Victims
2011-Present	Consulting Editor/Manuscript Reviewer Families in Society: The Journal of Contemporary Social Services
02/2012	Manuscript Reviewer for Sage Textbook Sage Publications
05/2011	Session Moderator Affilia: Journal of Women and Social Work Unsettling Feminisms National Conference (Chicago, Illinois)
2009-2011	Program Committee Member Affilia: Journal of Women and Social Work Unsettling Feminisms National Conference (Chicago, Illinois)
2001-2003	Steering Committee Member Coeditor of Sin Fronteras Newsletter National Association of Social Workers-El Paso, Texas Branch

Service to the Community

2002-2003	Volunteer Board Member Member of Professional Advisory Committee Visiting Nurses Association of El Paso, Texas
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DISSERTATIONS

Dissertation Reader

Hadih Deedat (2019). *Foster care placement instability: The lived and professional experiences Of foster care alumni who work(ed) directly with foster care children and youth*. Center for Social Work Education, Widener University.

Richard McFadden (2019). *A aualitative exploration of parole agents' understanding of trauma and a trauma-informed approach*. Center for Social Work Education, Widener University.

Valerie M. Daniel (2015). *Romantic relationship attitude variations among African American women*. Center for Social Work Education, Widener University.

Evelyn Dormekpor (2015). *Examining the relationship between maternal poverty, education level, region, and daughters' school dropout rates in Ghana*. Center for Social Work Education Widener University.

Dissertation Committee Member

Simah R. Waddell (2016). *Breaking through the red tape: Navigating the complexities of identity development in Korean adoptees*. Institute for Graduate Clinical Psychology, Widener University.

FACULTY DEVELOPMENT

2015-2016	Academic Service Learning Fellow
2016	Temple University's 14th Annual Faculty Conference on Teaching Excellence (January 22, 2016)
2012	Duke University's Summer Research Workshops on Spirituality & Health (August 13-17, 2012)
2012	Provost Academy for UTSA Faculty (May 16-18, 2012)
2010	Boot Camp for Professors (June 20-25, 2010)

ADDITIONAL LANGUAGES

Spanish (Speaking, Writing, and Reading Fluently)